



## MEMORANDUM

**To:** Mayor and City Council

**Through:** Mike Land, City Manager

**From:** Traci E. Leach, Deputy City Manager

**Date:** August 13, 2019

**Reference:** **Living Well in Coppel Follow-up on Blue Zone**

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### **Introduction:**

The purpose of this work session item is to follow-up on the Blue Zone site visit. Living Well in Coppel (LWiC) Committee Chairs presented information on Blue Zone and had a Blue Zone representative join that discussion via conference call during a Work Session in November 2018.

The following was determined at the November 2018 work session:

- Let individual Council members research Blue Zones through various methods, including through documentation LWiC we provided (completed)
- Let the Vision 2040 plan get finalized and approved by Council to see if it supported a Blue Zones initiative (completed)
- LWiC would then follow up with Council to determine where they stood on Blue Zones, and if there was interest, take additional steps to provide them with info, justification, community support, etc. as needed

Living Well in Coppel Committee Chairs will be present at Work Session.

**Fiscal Impact:** This item has funding in the FY19 budget.

**Recommendation:** None.