

Future Oriented Approach to Residential Development (FOARD) Task Force

Global Options In Use Today and Attributes

Name	Description	Fact Findings	Synthesis / Sub-Team Work	FOARD Deliberation/ Feasibility in Coppell	Task Force Member(s)
Aging in Place	Senior owns their house and stays there, making vast modifications for elderly amenities like bathroom rails, opening up walls for open concept, building ramps on steps; as aging occurs, hiring help (i.e. Assisting Hands, etc.) as needed as they age. The ability to live in one's own home and community safely, independently, and comfortably, regardless of age, income, or ability level.	<p><u>Aging in Place Statistics:</u> <u>-- As of 2014, there are over 56 million people in the US over the age of 65.</u> <u>-- By 2030 this number will climb to 111 million.</u> <u>-- 90% of seniors want to stay in their own home as they age.</u> <u>-- The NAHB reports that the aging in place market represents 10 percent of the \$214 billion home improvement industry.</u> <u>-- 705 of seniors have made modifications to their home for safety reasons.</u> <u>-- A private nursing facility costs \$81,000 on average. Homemaker and adult care services cost just \$20,000.</u> <u>-- Many businesses will typically see a 27% increase in their revenue by offering aging in place services.</u></p> <p><u>https://www.google.com/search?q=aging+in+place&sxsrf=ALeKk03ZgxOutTnUUoeGeJM6AZW7-Dum2w:1589466253362&tbm=isch&source=iu&ictx=1&fir=MT3UtikL5UYoxM%253A%252CWJVSK6lbFBK9tM%252C%252Fm%252F02y_9lr&vet=1&usg=AI4-kR9RFVTrzIzO7Vu5cFWbflbpJKbAw&sa=X&ved=2ahUKEwiMyaebx7PpAhXona0KHfC3C1cQ_B0wFH0ECA0QAw#imgrc=MT3UtikL5UYoxM</u></p>			Daniel & Russell
Naturally Occurring Retirement Community (also referred to by the acronym NORC)	A kin to "Aging in Place" - Neighborhoods or locations that just happen to have a significant number of older people (hence, the community's commonality is naturally occurring or organic) create a network of shared support services. By working together, each person is enabled to safely and comfortably "age in place."	The map on 65+ Exemptions should be studied to see if this has occurred in Coppell and we haven't recognized it until now.			Maria & Daniel
Villages	<p>Founded in the Beacon Hill neighborhood of Boston in 2002, the Village model of "neighbors-helping-neighbors" provides a way for older adults to stay in their homes and community.</p> <p>There are upwards of 125 Village communities throughout the nation today, with 100 more getting started, most operating via a mix of paid staff and volunteers who assist older residents with everything from transportation and technology training to home repairs and grocery shopping. Villages frequently provide social activities and classes as well. Members pay annual dues and are encouraged to volunteer themselves.</p> <p>This is kinda buisness arrangement, where houses all over the city would qualify and join the 'club' to gain senior living without necessarily moving.</p>	<p><u>https://www.aarp.org/livable-communities/info-2014/creative-age-friendly-housing-options.html</u></p> <p><u>https://www.aarp.org/livable-communities/act/housing/info-12-2012/aarp-village-growing-option.html</u></p> <p><u>https://www.aarp.org/content/dam/aarp/livable-communities/old-act/housing/the-village-a-growing-option-for-aging-in-place-2010-aarp.pdf</u></p>			Russell & Peggy

<p>"Granny Pod"</p>	<p>A "tiny house", usually around 500 square feet built on a large lot behind or on the side of a large house to house elderly parent. They serve as a good compromise of moving in with an adult child or other family and having your parent at a retirement facility. Most of these are built with cash and have all ADA amenities to assist the parent - complete with hand railings, remote monitoring, lighted floorboards, soft tile floors to minimize damage from falls, and a fully stocked first-aid cabinet. The small cottage, which is enough space for 1 or 2 Bedrooms, sitting area, kitchenette, and spacious bathroom. And pending zoning regulations, it can be installed right next to your house. It can be hooked up to the main home's existing power, water, and sewer lines, or be separate.</p>	<p>https://www.pinterest.com/dtdavis247/housing-ideas-for-aging-parents/?autologin=true</p>	<p>Daniel & Peggy</p>
<p>Mixed Community Use</p>	<p>Example: Goodnight Ranch in Austin; A 'complete' community offering various housing types - including a city-mandated section for senior 55+ living - and amenities like walking trails, pools, shopping, and restaurants. Its designed to live, work, and play at home concept. Everything you need is right outside your front door, so you'll never want to leave. Goodnight is transforming 700 acres of former ranch land into a vibrant, walkable, tree-lined urban hub less than eight miles from downtown Austin. It has sections of single family; townhouses; apartments w a peice dedicated for senior living (smaller, one-story housing), as well as shops, grocery store, restaurants, and city park.</p>	<p>The Vision: https://www.liveatgoodnight.com/vision</p>	<p>Peggy & Bart</p>
<p>55+ Housing Development/ Niche Retirement Communities (also called Affinity Retirement Communities)</p>	<p>Single family housing subdivision for people 55 and older with amenities that cater to the hobbies, lifestyles of retired personnel. A traditional retirement community is an age-restricted, usually 55-plus community that enables older adults to live independently but with access to social activities and community amenities, such as yard maintenance services or fitness and recreation facilities. (Retirement destinations such as Florida and Arizona have many such places.)</p> <p>A "niche" or "affinity" retirement community is one where residents share a common interest, religion or identity. The link may revolve around, for example, shared ethnicity, sexual orientation, occupation, hobby.</p>	<p>https://www.aarp.org/livable-communities/info-2014/creative-age-friendly-housing-options.html</p>	<p>Leslie & Bart</p>
<p>Active Adult Communities (a kin to Niche Retirement Community) w/o one thing in common</p>	<p>Example: Kissing Tree in San Marcos. Neighborhoods made for older adults, usually have activities director, club house, pool, allow golf carts on streets, etc. Folks own their homes but pay a monthly HOA fee for all the amenities. Kissing Tree HOA fee is \$210 per month which includes parks, activities, etc. but not golfing green fees.</p>	<p>https://www.55places.com/texas/communities/kissing-tree?nhds_source=google&nhds_medium=cpc&nhds_campaign=8714172640&utm_term=&utm_campaign=Dynamic+Search+Ads&utm_source=adwords&utm_medium=ppc&hsa_acc=9083296486&hsa_cam=8714172640&hsa_grp=91726093087&hsa_ad=409662057556&hsa_src=g&hsa_tgt=dsa-105354360795&hsa_kw=&hsa_mt=b&hsa_net=adwords&hsa_ver=3&gclid=Cj0KCQjw2PP1BRCiARIsAEqv-pQDceTJb-3rbDDA6svsQbpD0xm5Xh9KFOP1yoX_1hdLT8BwnDFA08MaAhm8EALw_wcB#overview</p>	<p>Mani</p>

<p>Group Homes / House Sharing</p>	<p>In these arrangements a person who has a home may invite a friend or family member, or even a tenant, to move in and help with expenses and chores. The setup might involve people of the same age or generation and the arrangement is one of peers residing together for companionship and cost efficiency. Sometimes two or more friends actually purchase or rent a residence together and become housemates.</p> <p>Another house sharing scenario can revolve around the needs of an elderly property owner who doesn't want to relocate but can no longer care for herself or a large home entirely on her own. A younger person (and younger can even mean someone who's 60 or older) may be willing to provide some caregiving and transportation assistance in exchange for affordable or flexible housing. If so, the two can make for well-matched housemates.</p> <p>A few scenarios provide for a corporation to own a residence and make it a group home.</p> <p>Example of this - "Golden Girls"</p>	<p>https://www.aarp.org/livable-communities/info-2014/creative-age-friendly-housing-options.html</p> <p>https://www.aarp.org/home-family/your-home/info-05-2013/older-women-roommates-house-sharing.html</p>	<p>Leslie & Russell</p>
<p>Cohousing</p>	<p>In a cohousing situation each person or family purchases a residence — be it an apartment, townhouse or even a single-family house — which contains everything a typical home would have (i.e., a kitchen, bathroom, bedroom and living room). However, the residences are linked to a shared space, such as a yard and gardens, and a large common room, dining area and kitchen that can accommodate group meals or gatherings.</p> <p>The point of cohousing is community and being able to live independently without living entirely alone. Cohousing setups are typically intergenerational and don't involve staff-provided services, but they can be age-specific. A few “senior cohousing communities” have been built, and some allow residents to hire household and care services as needed.</p>	<p>https://www.aarp.org/livable-communities/info-2014/creative-age-friendly-housing-options.html</p> <p>DEEP DIVE into Cohousing: https://assets.aarp.org/rgcenter/ppi/liv-com/fs175-cohousing.pdf</p>	<p>Maria & Mani</p>
<p>Housing Cooperatives</p>	<p>These types of member-owned, resident-governed nonprofit communities are common in certain cities (New York for one) and are generally not age-specific.</p> <p>A co-op can be made up of housing that ranges from apartments to single-family houses to mobile homes. The co-op board, typically consisting of elected residents, decides what shared services the co-op will provide (such as social activities and maintaining the grounds) and often has approval rights over potential home buyers. Mobile home cooperatives are spreading in rural areas, and senior housing cooperatives have taken root, particularly in the Midwest.</p>	<p>https://www.aarp.org/livable-communities/info-2014/creative-age-friendly-housing-options.html</p>	<p>N/A</p>

Life Plan Communities / Continuing Care Communities / long-term care facility

Example - St. Josephs & The Lakes at Litchfield (120 Lakes at Litchfield Dr, Pawleys Island, SC 29585) Independent living houses / apartments / assisted living /memory care / nursing home. Ability to 'graduate' to more care as time goes on. Some offer visiting caregivers as additional service for independent living and assisted living.

"<https://www.aarp.org/home-garden/housing/info-03-2010/fs173.html>

<https://assets.aarp.org/rgcenter/ppi/liv-com/fs173-supportive-housing.pdf>

Auberge at Valley Ranch:
<https://aubergevalleyranch.com> is a memory care community, 8855 Valley Ranch Parkway West, specializing in Alzheimer Disease and the progression of it

Lakeview at Josey Ranch, 2105 North Josey Lane, is an independent living community offering apartments ranging from 1 to 3 bedrooms.

Speaking to St. Joseph's